





Women and leadership

"Leadership has no gender" **Mentoring Program**

Dear potential Mentee,

In 2025, the first group of women attended the mentoring program. Closing the gender gap takes time, and we will therefore continue to empower women in Swiss sports organisations and increase the number of women in leadership roles. Goal of 40% women in leadership positions.

We are excited to invite you to apply for the second round of the Swiss Olympic/sporti{f}/SheSkillz Global Mentoring Program via the SheSkillz Global platform.

This unique mentoring program connects female professionals in Swiss sports with experienced mentors from diverse professions at both national and international levels. Starting with the program kickoff 19.03.2026 -4PM-8PM, at Swiss Olympic Haus des Sports (Talgut-Zentrum 27 3063 Ittigen b. Bern) in person 2026, our mission is to empower women to pursue leadership roles, strengthen professional networks, and champion diversity in sports organisations—ultimately creating a world where "Leadership Has No Gender."

WHY SHOULD YOU JOIN THIS PROGRAM AS A MENTEE?

This mentoring program is a joint initiative by Swiss Olympic's Office for Equality and Diversity, sporti{f}, and SheSkillz Global. It aims to promote gender equality and diversity by actively supporting women in Swiss sports organisations. By investing in women's professional development, sports organisations can foster equality, enhance diversity, and unlock untapped potential within their teams.

Watch the video "Why mentoring is important" here:











This is what some of the first-round mentees say about the program:

"The mentoring programme challenges and encourages you to explore your limits and take a big step forward in your career development."

Rachel Berchtold

Former Track and Field athlete / Coach / Event Presentation Weltklasse Zürich / Experienced Asset Management Professional / Strategic Developer and Client Relationship Expert

"Ready to learn from inspiring leaders from the corporate and Swiss sports world, expand your network, and grow personally and professionally? Apply now for the "Leadership has no gender" mentoring program!"

Santi Suter

Olympian | Founder of Olympic Mentors | Marketing & Communications Expert

"Become part of a strong network of inspiring women and expand your horizons. Through exciting events and valuable exchange, you will connect with like-minded people. Learn and grow with the guidance of experienced mentors from Switzerland and abroad."

Sabina Vögeli

COO, Bergamin Sport Conceptions GmbH

"This mentoring program gave me access to a network that I otherwise would not have had. The connection with my international mentor in particular was very beneficial and helped me grow personally. If you have a personal goal and want to discuss it with a mentor, this is the right program for you!"

Tabea Ulmer

Leader for education, development, sport for all









PROGRAM HIGHLIGHTS

The SheSkillz Global Mentoring Program offers a nine-month journey of growth, connection, problem-solving, and inspiration. As a mentee, you will benefit from:

- Individual Mentorship: Four tailored mentoring sessions with two mentors—one from SheSkillz Global and one from the Swiss sports network—designed to support your leadership development and career goals. The mentors are men and women who genuinely care about supporting you in your professional growth.
- Webinars: Every two months, webinars will address relevant topics, with opportunities for group discussions and shared insights.
- Task Groups: Collaborate with 4–5 other participants on a topic related to women and leadership in Swiss sports, and present the task group's work at the end of the program.
- Kick-off meeting: Offering a valuable opportunity for networking and community building. Next to the Kick-off, two more meetings in person. More information will be given at the Kick-off

Participating organisations must commit to supporting your career development, providing internal guidance, and exploring career opportunities within their teams.

WHO CAN APPLY?

The program is open to:

- Women currently working within sports organisations who are eager to take the next step in their careers or leadership roles. Minimum 6 years of experience or leadership/board experience.
- Female elite athletes transitioning into leadership careers after their competitive sports journeys.
- Applicants with the support of their sports organisation.
- If you lack organisational support but wish to work in Swiss sports and believe you are a strong candidate, please contact us to discuss open spots or possible connections within the Swiss sports community.
- Candidates with a good level of English communication, as the program involves participants and mentors from across Switzerland and beyond.

ADDITIONAL PROGRAM DETAILS

- Cost: Thanks to funding from the Stiftung Sportförderung Schweiz., this program is free for all accepted mentees.
- Application start: Ongoing from 15th of October
- Application Deadline: January 31, 2026.
- Max. 25 participants









READY TO APPLY?

To apply, please e-mail guro@sheskillzglobal.com with:

- A brief introduction (max. five lines) about yourself and the sports organisation you represent.
- A signed mentoring agreement: Open it here
- If accepted, you will receive access to the SheSkillz Global platform, where you will:
- Complete your profile with a motivation letter.
- Provide a brief statement about your mentoring needs and select your preferred topics for mentoring.
- Optionally upload documents or videos to support your application.
- Submit a letter of support from your sports organisation.

Selected candidates will be invited for a brief Teams interview. If accepted, you will receive an invitation to the kickoff event. (Mark your calendar now!)

Thank you for considering this exciting journey. Together, we can create a stronger, more diverse leadership landscape in Swiss sports.

Warm regards, Karin, Luana, and Guro Swiss Olympic/sporti{f}/SheSkillz Global Mentoring Program Team

For more information or questions, please contact: Karin Iten, Subject Matter Expert for Equality and Diversity, Swiss Olympic - karin.iten@swissolympic.ch **Luana Bergamin**, Co-Präsident, sporti{f} - <u>luana.bergamin@sportif.info</u> Guro A. Johnsen, CEO, SheSkillz Global - guro@sheskillzglobal.com

